



## **Job Description- Coach**

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The Downtown Boxing Gym Youth Program ([www.downtownboxinggym.com](http://www.downtownboxinggym.com)) is a nonprofit after school program for students ages 8-18. Through education, athletics, mentorship and intervention, the Downtown Boxing Gym empowers Detroit students to be positive and productive members of society. We're looking for a COACH to work directly with our youth boxers.

### **As a coach, your areas of responsibility and requirements will include:**

- Works in conjunction with our Founder/CEO and apprentice
- Trains with students of all age ranges and talent levels
- Assists in monitoring fitness activities during training; explains techniques and assists with skills improvement.
- Acts as a mentor, positive role model and ambassador; promotes a positive environment and good personal behavior; explains to general public, community resource agencies, and other organizations about program activities; with all actions acting as an ambassador for the Downtown Boxing Gym.
- Responsible for volunteers training with students - provides support and guidance to volunteers
- Assists in setting up and taking down equipment and preparing venue for activities and events; instructs and coaches participants; maintains equipment and facilities in clean and safe condition
- Monitors guests and program participants and enforces rules, regulations, and safety precautions at boxing facilities; maintains discipline, monitors behavior and resolves issues; monitors program activities, and assists participants in fitness activities and programs.
- Works to prevent accidents through the enforcement of policies, rules, regulations, and ordinances governing the conduct of boxing patrons; monitors activities in the facilities for individuals who may need assistance or guidance.

### **MINIMUM QUALIFICATIONS:**

#### **Education and Experience:**

- One to two years experience in instructing fitness programs
- Must be a certified fitness coach/personal trainer

- Valid Michigan driver's license or government ID
- Must pass background check

**Required Knowledge of:**

- Fundamental skills of fitness techniques for youth
- City policies, rules and regulations governing the conduct and safety of persons using municipal recreational facilities, programs and equipment
- Occupational hazards and safety precautions

**Required Skill in:**

- Supervising and controlling fitness activities and participants
- Teaching fitness techniques and work out regimens
- Promoting a positive environment and good personal behavior
- Monitoring facility and guests for violations of rules and safety standards
- Effectively using emergency techniques for standard first aid
- Acting quickly and calmly in emergency situations
- Establishing and maintaining cooperative working relationships with co-workers and the public
- Dealing tactfully and courteously with students and the public
- Effective verbal and written communication

**Physical Demands / Work Environment:**

- Work is performed indoors and outdoors at the Downtown Boxing Gym and venues; required to perform moderate physical work, and lift and carry up to 50 pounds.
- Coaches may be required to work overtime, evenings, weekends, and holiday shifts

**Schedule:** Monday-Friday 3:30-7:00PM (Total 17.5 hours/week).

**Job Type:** Part-time

**Compensation:** \$15.00/hour